

# Antibiotic Use and Diabetes Risk



We all know how the overuse of antibiotics can lead to antibiotic resistance and hard to treat infections, but unnecessary over use of antibiotics has also been linked to a significant increase in the risk of developing **diabetes**! Other studies have also shown a link between antibiotic use and obesity, inflammatory conditions, and autoimmune disease. Once again, the likely culprit may be the alteration of our normal gut micro-biome.

## Source:

Repeated Antibiotics Raise Diabetes Risk on Live Science  
Microbiome May Drive the Course of Diabetes and Obesity from Clinical Endocrinology News